

1 WEEK OR LESS - COLD WEATHER (10°C or less)

Passport & Boarding pass

Wallet & ID's

Camera, batteries & charger =>

Tablet/Smartphone & headphones =>

Pack with caution - can take a lot of space if not thought thoroughly!

QUANTITY	ITEMS	NOTES	TOSS PACKING OCCASIONS
10	Cable ties (Ty-Rap)		X
1 / day	Dress/Tunic/Long top (to wear with leggings) T-shirts/Shirts	<i>If packing 1/day, choose wisely. If possible, choose items that can be worn more than once</i>	X
1	Duct Tape (small roll or a few meters rolled around a pen)		
1	First-Aid Kit		X
(1)	Flip flop or Cheap sandals	<i>Only if needed</i>	X
1	Gloves/mittens & Tuque OR Wide brimmed hat	<i>Depending of the weather expected</i>	X
1	Headlamp		
1 / day	Leggings, Long Pants Neutral color or Jeans	<i>If packing 1/day, choose wisely. If possible, choose items that can be worn more than once</i> <i>Leggings can double as base layer in colder climate</i> <i>1 jean = at least 2 days</i>	X
1-2	Long-sleeve Vest or Sweater, dark/neutral color	<i>Opt for thin but warm fabric to avoid losing precious packing space</i>	X
2	Luggage tags		
2-3	Packing organizers		
1	Padlock (mini), combination, for luggage		
(1)	Padlock (regular), combination dial	<i>Pack only If you expect a locker or similar storage facilities</i>	
1	Pair of Shoes or Ankle boots, comfortable & broken in		
2	Pens		
2	Pyjamas	<i>If possible, pack items that can be tossed and/or used as day clothes or as a base layer (ex. leggings)</i>	X
1	Scarf, large/neutral color		
1 / day + 1 extra	Socks, warm		X
1	Stuff sack, nylon/moisture proof		
1	Sunglasses		
(1)	Swimsuit/Swim trunks	<i>Only if needed</i>	X
1	Toiletry Kit		X
(1)	Travel towel	<i>Only if needed</i>	
1 / day + 1 extra	Underwear kits		X
1	Waist pack/Day pack/Purse		
1	Wind breaker, warm lining		
10	Ziploc bag, 1 liter/1 quart size		X
10	Ziploc bag, large size		X